

**SEPTA Travel Training: *What to Expect***

Each student will receive one-on-one skills training with an Occupational Therapy graduate student and supervised by an Occupational Therapist. Training will involve:

Initial assessment of travel-related skills using certified training materials

Personal instruction on how to independently travel using SEPTA buses, trains, and trolleys



Individualized training during community outings

Learn how to plan a trip using a computer, smart device, or SEPTA customer service

Learn coping strategies for handling difficult situations that may arise during traveling (ie. route detours, bus delays, crowded vehicles, etc.)

Provision of additional materials and resources as needed to aide independence with using public transportation

Learn where to seek assistance and how to advocate for oneself before, during, and after travel experience